



I further understand that it is strongly recommended that my son/daughter be covered by medical insurance while participating in school-sponsored activities. I understand and accept the above statements and I understand that I accept full responsibility for the cost of treatment including emergency transportation for any injury my child may suffer while participating in the school's interscholastic activity programs.

Date: \_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_

**OSAA AND JEFFERSON COUNTY SCHOOL DISTRICT 509-J RULES**

Participation in the school district interscholastic activity program is completely voluntary. Involvement does, however, require a commitment on your part with respect to academic standing, citizenship and obligations to yourself and teammates. Expectations of participation in student activities programs:

1. **Training Rules:** Students are expected to observe the following training rules during the season in which they are participating:
  - a. Abstain from the use, possession or selling of alcoholic beverages, tobacco products and narcotics.
  - b. Observe any team expectations as outlined by the coach/advisor.Failure to observe the above training rules will result in disciplinary action in accordance with Due Process.
2. **Citizenship:** Students are expected to demonstrate exemplary conduct on and off the campus, adhere to school and community laws and show respect for others and their property. Students who are NOT IN GOOD STANDING with respect to the regular school programs will NOT be permitted to participate in activities.  
**NOTE:** Students involved in criminal offenses may be suspended or dismissed from the team. Such acts may include, but not be limited to, arson, assault, bomb threats, burglary, possession or use of explosives or dangerous weapons, extortion, larceny or hazing activities.  
**DUE PROCESS:** A student dismissed from a team may request a hearing before the school principal, or his/her designee and the athletic director. Such hearings shall be held within five (5) school days of the request. District procedures will be followed if additional hearings are necessary.
3. **Other expectations:** Establish regular rest patterns and good dietary habits during the sports season, refrain from the use of profane or obscene language or acts of vulgarity and demonstrate courtesy, fairness and respect for athletics.
4. **Equipment:** Issued equipment belongs to the Jefferson County School District 509-J. Loss or damage above normal expectations of issued equipment is the students' financial obligation. Until the obligation is fulfilled, the student athlete will NOT be allowed further competition or to receive awards.
5. **Awards:** A student must be in good standing at the completion of that season to receive an award.
6. **Travel:** All participants MUST travel to and from athletic contests with the team and in the transportation provided for this purpose unless a **Single Trip Consent and Waiver Form** of liability has been submitted and approved.
7. **Eligibility to meet OSAA and Madras High School requirements:**
  - a. **Age limit:** A student who becomes 19 years old BEFORE August 15<sup>th</sup> shall become ineligible for interscholastic completion.
  - b. **Academic Standing:** OSAA and 509-J require a student to be passing four (4) full credit classes/subjects during the previous and current trimester.
  - c. The student must have been in attendance in an accredited school the previous grading period.
  - d. The student must meet Jefferson County school District's physicals examination requirements and submit a complete and signed **Release for Emergency Medical Treatment Form** prior to participating in the program.
  - e. The student must have complied with all district and building requirements, maintained amateur standing, attend school regularly, and be on track for graduation.

I have read and understand the above general expectations and rules for student participation in the activity/program. I understand that there can be other written guidelines in handbooks and policies. I have also received a copy of the Jefferson County School District 509-J board policy on athletic participation. The requirements of the individual sports my child is participating in this year will be given to me by the coach.

Date: \_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Student Signature: \_\_\_\_\_