

JEFFERSON COUNTY SCHOOL DISTRICT 509-J
HIGH SCHOOL MENU
January 2010

| Mon | Tue | Wed | Thu | Fri |
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| THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. | Breakfast Prices Student: \$1.25 Adult: \$1.50 Milk: \$.50 | A variety of fresh or canned fruits and vegetable are offer daily at lunch. Choice of low fat milk offered at breakfast and lunch. | Lunch Prices Student: \$ 2.00 Reduced: \$.40 Adult: \$3.25 Milk: \$.50 Water: \$.50 | <u>Entrées Offered Daily:</u> Yogurt Fruited Parfaits Chef Salads Deli Sandwiches |
| 4 Breakfast Burrito Pepperoni or Cheese Pizza Herb Rice | 5 Pancake on a Stick, Applesauce Chicken Nuggets Hot Biscuit/honey butter Potatoes & Country Gravy | 6 Morning Scramble, Juice Spaghetti w/meat sauce Italian Flat Bread | 7 Breakfast Sandwich, Juice Cheeseburgers w/all the trimmings Oven Fries | 8 Hashbrown & Sausage Links, Juice Cheesy Tostada Bowl w/lettuce, tomato, sour cream & salsa |
| 11 Breakfast Pizza, Juice Corn Dog Or Fishwich Baked Fries | 12 Ham & Cheese Bagel, Juice Soup and Sandwich Bar Chocolate Chip Cookie | 13 Sausage Gravy over Biscuit Chicken Fillet on Wheat Curly Fries | 14 French Toast, C. Bacon Juice Bow Tie Pasta w/Grilled Chicken French Bread | 15 Blueberry Muffin, Juice Spring Roll Seasoned Rice Fortune Cookie |
| 18 NO SCHOOL ML KING DAY | 19 Waffle, Sausage, Juice Pepperoni or Cheese Pizza Herb Rice | 20 <u>2-hour late start</u> Buttermilk Dunker Roll, Juice Fiesta Burrito, Salsa Tater Tots | 21 French Toast, C. Bacon, Juice Beef A' Roni Corn Bread/honey butter | 22 Sausage Cheese Croissant, Juice Chicken Smackers Sweet Potato Fries Texas Toast |
| 25 Breakfast Burrito Chicken & Cheese Quesadilla Spanish Rice | 26 Pancake on a Stick, Applesauce Sweet & Sour Chicken over Brown Rice | 27 Morning Scramble, Juice Cheesy Mozzarella Bread Sticks w/marinara sauce Broccoli & Cheese | 28 Breakfast Sandwich Nachos w/chili & cheese sauce Cinnamon Roll | 29 NO SCHOOL END 2 ND QTR |